



Sunday, February 7, 2021

Fifth Sunday after Epiphany

Introduction

In Isaiah the one God who sits above the earth and numbers the stars also strengthens the powerless. So in Jesus' healing work we see the hand of the creator God, lifting up the sick woman to health and service (*diakonia*). Like Simon's mother-in-law, we are lifted up and healed to serve. Following Jesus, we strengthen the powerless; like Jesus, we seek to renew our own strength in quiet times of prayer.

Opening Hymn....."Christ, Be Our Light"



1 Long - ing for light, we wait in dark - ness. Long - ing for
 2 Long - ing for peace, our world is trou - bled. Long - ing for
 5 Man - y the gifts, man - y the peo - ple, man - y the

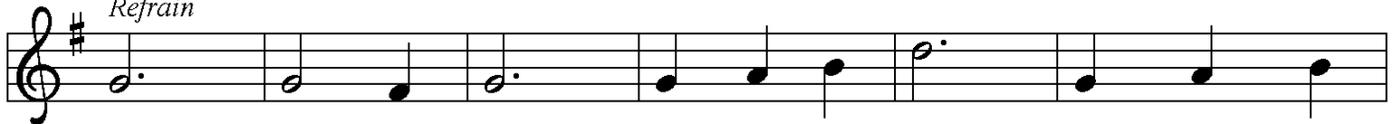


truth, we turn to you. Make us your own,
 hope, man - y de - spair. Your word a - lone
 hearts that yearn to be - long. Let us be ser - vants



your ho - ly peo - ple, light for the world to see.
 has pow'r to save us. Make us your liv - ing voice.
 to one an - oth - er, signs of your king - dom come.

Refrain



Christ, be our light! Shine in our hearts. Shine through the



dark - ness. Christ, be our light! Shine in your



church gath - ered to - day.

Text: Bernadette Farrell, b. 1957

Music: CHRIST, BE OUR LIGHT, Bernadette Farrell

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Confession and Forgiveness

Blessed be the holy Trinity, ✚ one God, whose voice is upon the waters, whose mercy is poured out upon all people, whose goodness cascades over all creation.

Amen.

Let us confess our sin, trusting in the abundant grace of God.

Silence is kept for reflection.

Holy God,

you search us and know us. You are acquainted with all our ways. We confess that our hearts are burdened by sin—our own sins and the broken systems that bind us. We turn inward, failing to follow your outward way of love. We distrust those who are not like us. We exploit the earth and its resources and fail to consider generations to come. Forgive us, gracious God, for all we have done and left undone. Even before the words are on our tongues, you know them; receive them in your divine mercy.

Amen.

How vast is God's grace! Through the power and promise of ✚ Christ Jesus, our sins are washed away and we are claimed as God's own beloved. Indeed, we are forgiven. In the wake of God's forgiveness, we are called to be the beloved community living out Christ's justice and the Spirit's reconciling peace.

Amen.

Prayer of the Day

Everlasting God, you give strength to the weak and power to the faint. Make us agents of your healing and wholeness, that your good news may be made known to the ends of your creation, through Jesus Christ, our Savior and Lord. **Amen.**

First Reading: Isaiah 40:21-31

The Judeans in exile have a good reason to be hopeful: the one who will bring them to freedom is the God who created the world, the God who subdues the rulers of the earth and gives strength to those who are weary.

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing. Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the LORD, and my right is disregarded by my God"? Have you not known? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted;

but those who wait for the LORD shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

HERE ENDS THE READING.

Second Reading: 1 Corinthians 9:16-23

God entrusted Paul with the responsibility of bringing the gospel to diverse people. Hence the focus of Paul's ministry is not his own rights or privileges as an apostle but the privilege of serving God by freely sharing the good news of Christ with others.

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel. For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

HERE ENDS THE READING.

Gospel: Mark 1:29-39

The Holy Gospel according to St. Mark

Glory to you, O Lord.

Everywhere Jesus goes, many people expect him to set them free from oppression. Everywhere he goes, he heals people and sets them free. Disease, devils, and death are running for their lives. The forces that diminish human life are rendered powerless by Jesus.

As soon as [Jesus and the disciples] left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them. That evening, at sunset, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

The Gospel of the Lord.

Praise to you O Christ.

Sermon

Sermon Song....."On Eagle's Wings"



1 You who dwell in the shel-ter of the Lord, who a-bide in this shad-ow for life,



say to the Lord: "My ref - uge, my rock in whom I trust!"



And he will raise you up on ea- gle's wings, bear you on the breath of dawn,



make you to shine like the sun, and hold you in the palm of his hand.



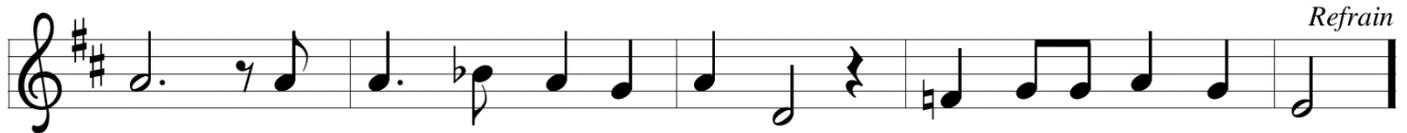
2 The snare of the fowl-er will nev-er cap-ture you, and fam-ine will bring you no



fear; un - der God's wings your ref-uge, with faith-ful-ness your shield.



3 You need not fear the ter-ror of the night, nor the ar-row that flies by



day; thou- sands fall a - bout you, near you it shall not come.

Continued



4 For to the an-gels God's giv-en a com-mand to



guard you in all of your ways; up-on their hands they will



bear you up, lest you dash your foot a- gainst a stone.



And he will raise you up on ea-gle's wings, bear you on the breath of dawn,



make you to shine like the sun, and hold you in the palm of his hand.



And hold you, hold you in the palm of his hand.

Text: Michael Joncas, b. 1957

Music: ON EAGLE'S WINGS, Michael Joncas

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The Apostles' Creed

I believe in God, the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ, God's only Son, our Lord,
who was conceived by the power of the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting.
Amen

Prayers of Intercession

Guided by Christ made known to the nations, let us offer our prayers for the church, the world, and all people in need.

A brief silence.

For the church: for ministries of healing and wholeness, for hospital, hospice, and military chaplains, for those serving in prison ministry, for all who proclaim freedom and release in the name of Christ, let us pray. Lord, in your mercy,

Hear our prayer.

For creation: for insects in the grass, clouds on the mountaintops, for cattle and the rainwater they drink, for the humility to take our place among all creatures of the earth, let us pray. Lord, in your mercy,

Hear our prayer.

For the nations: for all who lead in cities and towns, states and countries; for community organizers, school officials, and CEOs; for international health organizations, that in times of trial, fear, or hopelessness, they find freedom in service to those most in need, let us pray. Lord, in your mercy,

Hear our prayer.

For all wearied by life's burdens: for those who are poor, for those lacking supportive relationships, for those crushed by debt, for those struggling with chronic pain or other sickness, for those exhausted from overwork or stress, and for all who cry out to you (*especially Bill, Lisle, Becky, Cy, Luz, Judi, Don, Christi, David, Victoria, Audrey, Louie, Cheryl, Kristina, Vicki, Margo, Joy, Lourdes, Michelle, LauraLee, Barbara, Gloria, Sharon, Janis, Kathryn, Chad, Diane, Michael, JJ, Ellen, Sharon, Ann, Cheryl, John & Christine, Tracey, Darell, Richard, Ruth, Tori, James, Judy, Yvonne and Lew*), let us pray. Lord, in your mercy,

Hear our prayer.

For this congregation: for outreach and social ministries centered here; for parish nurses and visitors; for ministries of companionship and support, for the young people in this place who open us to new understandings, let us pray. Lord, in your mercy,

Hear our prayer.

Here other intercessions may be offered.

In thanksgiving for the faithful departed, who were called by name and now rest from their labors, that their lives serve as witnesses to the goodness of God (*especially Kimberly and Dean*), let us pray. Lord, in your mercy,

Hear our prayer.

Merciful God, hear the prayers of your people, spoken or silent, for the sake of the one who dwells among us, your Son, Jesus Christ our Savior.

Amen.

Sharing of the Peace

The peace of the Lord be with you all.

And also with you.

Offering Prayer

O God, receive these gifts as you receive us: like a mother receives her child, with arms open wide. Nourish us anew in your tender care, and empower us in faithful service to tend to others with this same love, through Jesus Christ, our saving grace.

Amen.

Thanksgiving at the Table

In the night in which he was betrayed,
our Lord Jesus took bread, and gave thanks;
broke it, and gave it to his disciples, saying:
Take and eat; this is my body, given for you.
Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks,
and gave it for all to drink, saying:
This cup is the new covenant in my blood,
shed for you and for all people for the forgiveness of sin.
Do this for the remembrance of me.

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name,
thy kingdom come thy will be done, on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses, as we forgive those who trespass against us;
and lead us not into temptation but deliver us from evil.

For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

Invitation to the Table

Beloved: here is bread; here is wine. Here is Jesus. Come and be fed.

Distribution

At this time take the elements you have with you saying these words:

The Body of Christ given for you. The Blood of Christ shed for you.

Post Communion Prayer

Christ Jesus, at this table we have feasted on your very life and are strengthened for our journey. Send us forth from this banquet nourished in body and in spirit to proclaim your good news and serve others in your name.

Amen.

Blessing

God the creator strengthen you; Jesus the beloved fill you; and the Holy Spirit the comforter ✝ keep you in peace.

Amen.

Sending Song.....“I Love to Tell the Story”



1 I love to tell the sto - ry of un - seen things a - bove,
2 I love to tell the sto - ry: how pleas - ant to re - peat
3 I love to tell the sto - ry, for those who know it best



of Je - sus and his glo - ry, of Je - sus and his love.
what seems, each time I tell it, more won - der - ful - ly sweet!
seem hun - ger - ing and thirst - ing to hear it like the rest.



I love to tell the sto - ry, be - cause I know it's true;
I love to tell the sto - ry, for some have nev - er heard
And when, in scenes of glo - ry, I sing the new, new song,



it sat - is - fies my long - ings as noth - ing else would do.
the mes - sage of sal - va - tion from God's own ho - ly word.
I'll sing the old, old sto - ry that I have loved so long.

Refrain



I love to tell the sto - ry; 'twill be my theme in glo - ry



to tell the old, old sto - ry of Je - sus and his love.

Text: Katherine Hankey, 1834–1911

Music: HANKEY, William E. Fischer, 1849–1936

Dismissal

Go in peace. Serve the Lord.

Thanks be to God.